

CONRAD® SPA

MALDIVES  
RANGALI ISLAND

THE OVER WATER SPA

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RANGALI ISLAND

## COUPLE'S TREATMENTS

Art of love.....	180 mins.....	\$649 per couple
Allure.....	120 mins.....	\$558 per couple

## CHAKRA COLOUR RITUALS

Red empowering.....	120 mins.....	\$329 per person
Orange enlivening.....	120 mins.....	\$329 per person
Yellow confidence.....	120 mins.....	\$329 per person
Green harmonizing.....	120 mins.....	\$329 per person
Blue clearing.....	120 mins.....	\$329 per person
Indigo inspiring.....	120 mins.....	\$329 per person
Violet spiritual.....	120 mins.....	\$329 per person

## CUSTOMISED MESSAGES

Four hand.....	60 mins.....	\$299 per person
Shiatsu.....	90 mins.....	\$199 per person
Muscle ease.....	90 mins.....	\$199 per person
Hot stones.....	90 mins.....	\$199 per person
Thai.....	60 mins / 90 mins.....	\$169 / \$199 per person
Swedish.....	60 mins / 90 mins.....	\$169 / \$199 per person
Ayurvedic.....	60 mins / 90 mins.....	\$169 / \$199 per person
Lomi lomi.....	60 mins / 90 mins.....	\$169 / \$199 per person
Lymphatic drainage.....	60 mins / 90 mins.....	\$169 / \$199 per person
Aromatherapy.....	60 mins / 90 mins.....	\$169 / \$199 per person

Prices are in US\$, subject to 10% service charge and T-GST.

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## ENHANCEMENTS FOR ANY TREATMENT

Eye treatment.....45 mins.....\$100 per person

## BODY TREATMENTS BY VALMONT

Fit and tone slimming treatment.....90 mins.....\$249 per person

Vitality of the body.....60 mins.....\$179 per person

## FACIALS BY VALMONT

Decadence.....90 mins.....\$250 per person

Ultra-decadence.....120 mins.....\$299 per person

Detoxifying.....75 mins.....\$179 per person

Men's cleansing and purifying.....75 mins.....\$179 per person

Prices are in US\$, subject to 10% service charge and T-GST.

## HOW TO SPA AT THE OVER WATER SPA

### MAKING RESERVATIONS

#### HOW DO I MAKE SPA RESERVATIONS?

The Over Water Spa is popular with guests and as such we strongly recommend that you book your spa treatments well in advance.

Reservations can be made in person or by dialling The Over Water Spa reception at extension 5365.

#### I'M NOT STAYING ON THE WATER VILLA ISLAND – AM I ALLOWED TO USE THE SPA?

All guests are welcome at both the Over Water Spa and the Spa Retreat.

#### I'M PREGNANT – WHAT TREATMENTS DO YOU RECOMMEND?

As always, our priority is the safety and well-being of our guests. As such, we don't recommend full body massage in the first trimester of pregnancy and also advise limited body treatments throughout the term of pregnancy. Our spa reception can assist you further on available treatments.

#### WHAT HAPPENS IF I NEED TO CANCEL MY TREATMENT?

If you would like to reschedule or cancel your booking, you can do so at any time subject to providing a minimum of 12 hours' notice. If a cancellation is made less than 12 hours prior to your appointment time, a 50% charge will apply. If there is no notice provided, a full charge will be made for the services reserved.

#### CAN I HAVE A SPA TREATMENT IN MY VILLA?

Yes, most treatments are available for you to have in the privacy of your own villa. Please ask our spa reception which treatments are available. A callout fee will be added to the treatment charge.

### THE TREATMENT ITSELF

#### HOW SHOULD I PREPARE FOR MY SPA TREATMENT?

Please shower off any oils and suntan creams prior to your treatment to allow better absorption of the products applied.

#### I'M MALE – SHOULD I SHAVE BEFORE MY SPA TREATMENT?

We recommend shaving prior to having a facial for maximum comfort and benefit to the skin.

#### WHAT DO I NEED TO WEAR?

There's no need to bring or wear any special clothing as spa wear is provided. Disposable underwear is provided for body treatments.

#### WHAT TIME SHOULD I ARRIVE FOR MY TREATMENT?

Please arrive at the spa a minimum of 15-minutes before your scheduled appointment time – this allows you time to fill out your consultation form, enjoy the ambience and start the relaxation process before your treatment begins.

#### WHAT HAPPENS IF I'M LATE FOR MY APPOINTMENT?

As a courtesy to all our guests, a prompt appointment schedule is adhered to. Late appointments may not be honoured if there is a treatment booked immediately after and you will be charged the cancellation fee.

#### WHAT MEDICAL OR PHYSICAL CONCERNS DO I NEED TO TELL THE THERAPIST?

All first-time spa visitors need to fill out a consultation form prior to their treatment – this is to provide you with the best possible experience and to assure your maximum safety and comfort.